



TOWN OF NORTH HEMPSTEAD

2014-2015

Parks & Recreation Guide

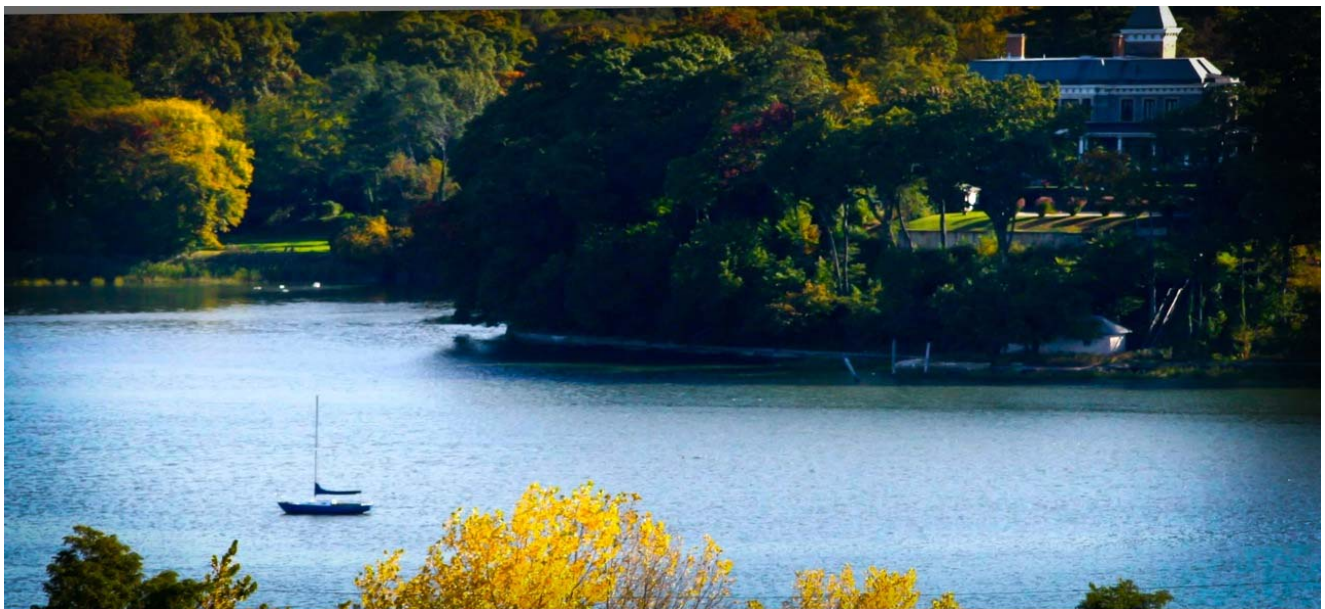
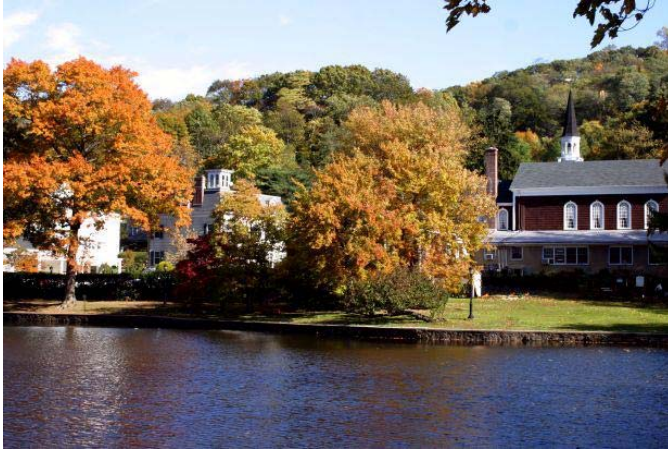
JUDI BOSWORTH, SUPERVISOR



The Fun Starts Here!

Town of North Hempstead

Department of Parks & Recreation



Supervisor

Judi
Bosworth



District 1

Councilwoman

Viviana
Russell



District 2

Councilman

Peter J.
Zuckerman



District 3

Councilman

Angelo P.
Ferrara



District 4

Councilwoman

Anna M.
Kaplan



District 5

Councilwoman

Lee R.
Seeman



District 6

Councilwoman

Dina M.
DeGiorgio



**Town
Clerk**

Wayne H.
Wink, Jr



**Receiver
of Taxes**

Charles
Berman

Dear North Hempstead Resident:

As Supervisor of the Town of North Hempstead, I am proud to welcome you to our many parks, pools, beaches and recreational facilities throughout the Town. As you sift through this guide, you will find that there is truly something for everyone no matter your age, sport or hobby. Whether you want to take a dip in the pool or the harbor, take a stroll along the boardwalk at the beach or Town Dock, or if you want to play a sport with your friends or colleagues, then we have a safe and inviting space to do it.

The Town of North Hempstead is home to some of the most scenic views including Manhasset Bay, Hempstead Harbor and our long list of ponds and waterways. We also have state-of-the-art aquatic centers at Manorhaven Beach Park and Tully Park which are ideal for both advanced swimmers and beginners. Our passive parks and the 12 acre Clark Botanic Garden living museum and educational facility in Albertson are not to be missed. And don't forget the "Yes We Can" Community Center in New Cassel, which, as a premiere indoor recreational center, offers a host of athletic and educational options for residents of all ages.

Our wonderful parks contribute to the quality of life here in the Town and make us one of the best places to live and retire. I encourage you to join us and take advantage of the endless amount of activities in which you can participate all year long at our Town parks.

We strive to continue to provide more programming and keep our grounds and facilities safe and inviting for all our residents. We are adding new programs all the time so please call 311 or log on to www.northhempsteadny.gov/parks to find out more.

See you at the parks!

Sincerely,



Judi Bosworth



Town of North Hempstead

Department of Parks & Recreation

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Please note that all dates, times and prices are subject to change, please call 311 for more information.

Town of North Hempstead

Department of Parks & Recreation

Parks & Facilities

1. AERODROME

West Shore Road, Port Washington

2. BLUMENFELD FAMILY PARK

Main Street, Port Washington

3. BROADWAY PARK

Broadway at Old Courthouse Road, Garden City Park

4. CHARLES FUSCHILLO PARK

Carle Road at Broadmoor Lane, Carle Place

5. CLARK BOTANIC GARDEN

193 I.U. Willets Road, Albertson

6. CLINTON G. MARTIN PARK

1601 Marcus Avenue, New Hyde Park

7. DONALD STREET PARK

Donald Street, Roslyn

8. EIGHTH & ASBURY LITTLE LEAGUE FIELDS

8th & Asbury Avenue, Carle Place

9. FLORAL PARK MEMORIAL AT CANNON PARK

Hillside Avenue, Floral Park

10. GATEWAY PARK

Prospect Avenue and Brush Hollow Road, Westbury

11. GERRY POND PARK

Main Street and Paper Mill Road, Roslyn

12. GOLD COAST ARTS CENTER

113 Middle Neck Rd Great Neck, NY 11021

13. HARBOR HILLS PARK

Shore Cliff Place, Great Neck

14. HARBOR LINKS GOLF COURSE

1 Fairway Lane, Port Washington

15. HERRICKS BALLFIELD

Herricks Road, New Hyde Park

16. I-PARK

1251 Union Turnpike, New Hyde Park

17. JOHN D. CAEMMERER PARK

Wentworth Ave. and William Street, Albertson

18. LARGE CIRCLE PARK

Devonshire Drive & E. Park Circle, Garden City Park

19. MANHASSET VALLEY PARK

Northern Boulevard, Manhasset

20. MANORHAVEN BEACH PARK

158 Manorhaven Boulevard, Port Washington

21. MARTIN "BUNKY" REID PARK

Broadway & Urban Ave., New Cassel

22. MARY JANE DAVIES GREEN

Plandome Road, Manhasset

23. MERILLON LITTLE LEAGUE FIELDS

Marcus Avenue, New Hyde Park

24. MERRIMAN PARK

Pine Street, Port Washington

25. MICHAEL J. TULLY PARK & AQUATIC ACTIVITY CENTER

1801 Evergreen Avenue, New Hyde Park

26. MILL POND PARK

Shore Road & Harbor Road, Port Washington

27. NORTH HEMPSTEAD BEACH PARK

175 West Shore Road, Port Washington

28. NORTH HEMPSTEAD "YES WE CAN" COMMUNITY CENTER

141 Garden Street, Westbury

29. PEDESTRIAN MALL

Laurel Street, Roslyn

30. PLANDOME POND PARK

Northern Bourdale Road & Brookwold Drive, Manhasset

31. PORT WASHINGTON COMMUNITY CENTER

80 Manorhaven Blvd, Port Washington

32. RICHARD PROVOST PARK

Nassau Boulevard and Marcus Avenue, New Hyde Park

33. RIDDER'S POND PARK

Marcus Ave & Meadowfarm Road, New Hyde Park

34. ROSLYN COMMUNITY CENTER

53 Orchard Street, Roslyn Heights

35. SAGAMORE BALLFIELD/ROSLYN ROAD PARK

Sagamore Avenue, Roslyn

36. SANDMINER'S MONUMENT

West Shore Road, Port Washington

37. SEARINGTOWN POND PARK

Dogwood & Searingtown Road, Searingtown

38. SHEPHERD LANE PARK

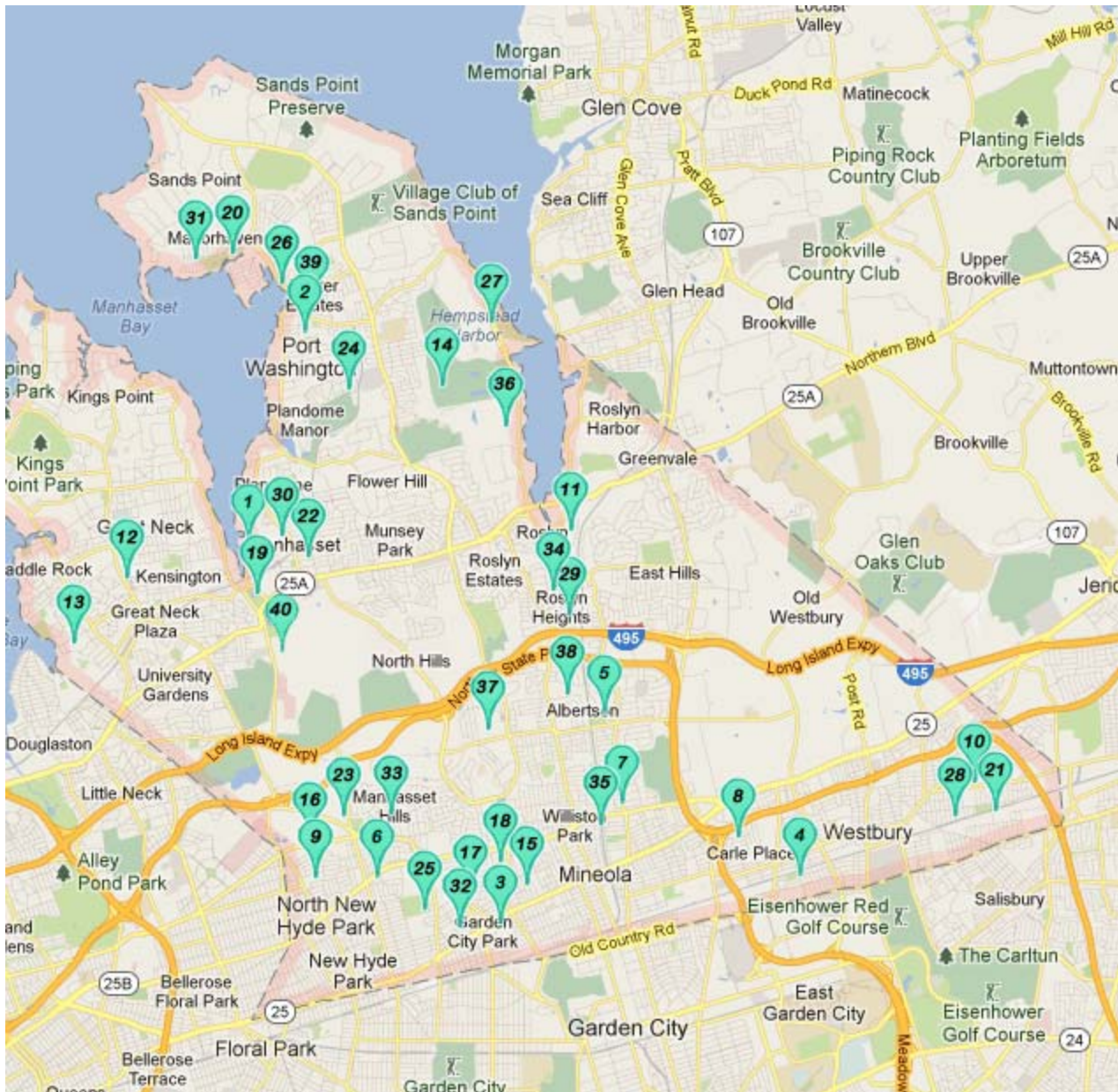
Shepard Lane, Roslyn Heights

39. TOWN DOCK

Main Street, Port Washington

40. WHITNEY POND PARK

Northern Boulevard & Community Drive, Manhasset



Town of North Hempstead

Department of Parks & Recreation

Manorhaven Beach Park

Pool Membership

	Regular
Family	\$322
Couple	\$265
Individual (Ages 18-59)	\$167
Senior (Ages 60+)	\$98
Senior Couple	\$115
Youth (Ages 3-7)	\$115
Disabled	\$98
Volunteer/Veteran/Disabled Individual	\$98
Volunteer/Veteran/Disabled Family	\$294
Volunteer/Veteran/Disabled Couple	\$236
Nanny	\$150

Lost Pass Fee: \$5

Daily Resident Pass

Adult (Ages 18-59)	\$11
Teen (Ages 13-17)	\$8
Child (Ages 3-12)	\$7
Senior (Ages 60+)	\$6
Disabled/Volunteer/Veteran	\$6

Non-Resident Guest \$14

Manorhaven Pool Birthday Party:

*Reserves 2 tables for 2 hours \$50 + \$10 each additional table

Registration Office Hours for the 2014 Pool Membership:

June 14—Aug. 17
Daily 10:00AM- 6:30PM

August 18 –September 1
Daily 11:00AM– 6PM

2014 Summer Program Registration begins:

May 31 — 9:00AM—Residents

June 16—10:00AM—Non-Residents
(Select Classes Only)



Opening Day: Saturday, June 14 - 11:00AM—9:00PM

Pool Hours

June 14—Aug.17: 10AM - 9PM Daily
Aug. 18—Sept. 1: 11AM - 7PM Daily



Aquatic Activity Center at Michael J. Tully Park

Pool Membership

(includes use of the exercise equipment room)

	Annual (12 months)	Seasonal (4 months)
Family	\$522	\$220
Couple	\$450	\$184
Individual (Ages 18-59)	\$326	\$155
Senior (Ages 60+)	\$166	\$81
Youth (17 and under)	\$166	\$81
Disabled	\$166	\$81
Volunteer	\$166	\$81
Veteran Individual	\$166	\$81
Nanny	N/A	\$130

Daily Resident Pass

Adult (Ages 18-59)	\$11
Teen (Ages 13-17)	\$8
Child (Ages 3-12)	\$7
Senior (Ages 60+)	\$6
Disabled/Volunteer/Veteran	\$6

Non-Resident Guest

\$14

Tully Birthday Pool Parties

Main Floor—15 children/3 adults \$220 + \$10 for each additional child (max. 25 children)

Pool Deck Room—15 children/3 adults \$275+\$10 for each additional child (max. 25 children)

Lost Pass Fee: \$5

Pool Hours (Call 311 for scheduled closings)

Monday—Friday: 8:00AM—8:30PM
Saturday & Sunday: 9:00AM—5:30PM

Town of North Hempstead

Department of Parks & Recreation



Clinton G. Martin Park

Must be a resident of the New Hyde Park Special Park District in order to register for the pool and classes.

Registration Office Hours for the 2014 Pool Membership:

May 26—June 15
Mon—Fri 9:00AM—4:00PM
Sat, Sun 11:00AM—6:00PM

June 14—August 17
Daily 11:00AM—7:00PM

August 18—September 1
Daily 11:00AM—6:00PM

2014 Summer Program Registration begins:

May 31 — 9:00AM

Pool Membership

	Regular
Family	\$248
Couple	\$210
Individual (Ages 18-59)	\$132
Senior (Ages 60+)	\$88
Senior Couple	\$112
Youth (Ages 3-7)	\$112
Disabled	\$94
Volunteer	\$94
Volunteer Couple	\$177
Volunteer Family	\$215
Veteran Individual	\$94
Veteran Family	\$215
Nanny	\$112

Lost Pass Fee: \$5

Guest Fee

Adult (Ages 18-59)	\$11
Teen (Ages 13-17)	\$8
Child (Ages 3-12)	\$7
Senior (Ages 60+)	\$6
Disabled/Volunteer/Veteran	\$6

Pool Hours

June 14—Aug.17: 11AM - 9PM Daily
Aug. 18—Sept. 1: 11AM - 7PM Daily

Harbor Links Golf Course

Championship Course

	Resident	Sr. Resident	Junior Resident	Non-Resident
Monday-Thursday	\$46	\$30	\$30	\$71
Friday*	\$76	\$76	\$76	\$110
Saturday, Sunday & Holidays* Open—12:00PM	\$85	\$85	\$85	\$115
Saturday, Sunday & Holidays* 12:00PM—Twilight	\$76	\$76	\$76	\$110

*Mandatory cart fee is included in Friday, Saturday, Sunday & Holiday pricing

Advanced reservations are available via www.harborlinks.com or 516-767-4816 (There is a \$5 advanced reservation fee, \$2 for Twilight & Back 9 special)

Twilight Golf: Championship Course

Carts are included in the Twilight Rates. Rates are for residents and non-residents. Rates are for the 18-hole course only. Times subject to change.

Dates	Time	Resident	Non-Residents
Open—May 23	3-5:00PM	\$43	\$53
	After 5PM	\$30	\$40
May 24—Labor Day	After 5PM	\$43	\$53
	After 6:30PM	\$30	\$30
Day after Labor Day—Season Close	After 3:00PM	\$30	\$40

Golf Cart Fees (must have a valid drivers license)

\$22 per person for 18 holes

\$10 per person for Executive Course (9 holes)

Hand Cart Fees

\$5 per person for Executive Course (9 holes) only.



9-Hole Executive Course

Resident Weekday (Mon.—Thurs.)	\$18
Resident Weekend (Fri.—Sun.)	\$21
Resident Senior Weekday (60+) (Mon.—Thurs.)	\$16
Non-Resident Weekday (Mon.—Thurs.)	\$21
Non-Resident Weekend (Fri.—Sun.)	\$27
Juniors Weekday 16 & under resident (Mon.—Thurs.)	\$16

Twilight Golf: Executive Course

Rates are for the Executive Course only. Times subject to change.

*Motorized Cart Fee for Twilight \$5

Dates	Time	Price
Open—April 25	After 5:30PM	\$10
April 26—May 23	After 6:00PM	\$10
May 24—Labor Day	After 6:30PM	\$10
Sept. 3—Oct. 14	After 5:30PM	\$10
Oct. 15—Nov. 2	After 4:00PM	\$10
Nov. 3—Close	After 3:00PM	\$10

Practice Range Pricing

	Price
Small Bucket	\$6
Medium Bucket	\$10
Large Bucket	\$13
Jumbo Bucket	\$16

Mini Golf Course

\$8 per person

Have your party or wedding at the Clubhouse or have your child's birthday party at the mini golf course!

Town of North Hempstead

Department of Parks & Recreation

Parks & Facilities

Martin “Bunky” Reid Park

Open to Town of North Hempstead Residents only.
There is no fee to attend this pool.

Martin Reid Park offers residents a community pool and basketball, handball, tennis, and shuffleboard courts. Residents can also obtain a permit for use of the soccer field and Little League baseball field. There is also a picnic area for residents to enjoy.



Pool Hours

June 21—Sept. 1: 10AM - 6PM Daily

Whitney Pond Park

Whitney Pond Park has a scenic view of Manhasset, with the pond serving as the focal point of the park. Amenities include a main pool, a kiddie pool, handball, basketball and tennis courts. Several small bridges and benches are located throughout Whitney Pond Park. There is also a picnic area with several BBQ areas and a natural trail.

Pool Hours

Mon. June 30—Sun. August 17
11AM - 7PM Daily

Pool Resident Daily/Guest Pass*

	Fees
Resident Adult	\$8
Resident Teen	\$6
Resident Child	\$5
Resident Senior/Handicapped	\$4
Resident Volunteer Fire/Amb	\$4
Non-Resident Daily/Guest Pass Must be accompanied by a Resident	
Non-Resident Adult	\$12
Non-Resident Teen	\$9
Non-Resident Child	\$7
Non-Resident Senior/ Handicapped	\$5
Non-Resident Volunteer Fire/Amb	\$5

*Resident is anyone who resides within Nassau County



Town of North Hempstead

Department of Parks & Recreation

North Hempstead “Yes We Can” Community Center

Town Residents

Full Facility Use	Month/Day
Adults	\$16/month
16 & 17 Years Old	\$12.50/month
Sr/Vet/Vol/Disabled	\$12.50/month
Project Independence Members	\$10/month
Daily Fee	\$7

Family Discount	Month/Day
2nd Adult*	\$14/month
Youth (Ages 5-17)*	\$2/month
Add. 16-17 Yrs Old Fitness Center	\$10/month

First Floor Only	Month/Day
Adults	\$5/month
Youth (Ages 5-17)	\$2.50/month
Sr/Vet/Vol/Disabled	\$2.50/month
Project Independence Members	\$0/month

Annual membership paid in full entitles member to 2 additional months free and 5% off room rentals

Non-Residents

Full Facility Use	Month/Day
Adults	\$22/month
16 & 17 Years Old	\$20/month
Sr/Vet/Vol/Disabled	\$20/month
Daily Fee	\$10

Family Discount	Month/Day
2nd Adult*	\$20/month
Youth (Ages 5-17)*	\$2.50/month
Add. 16-17 Yrs Old Fitness Center	\$14/month

First Floor Only	Month/Day
Adults	\$6/month
Youth (Ages 5-17)	\$3/month
Sr/Vet/Vol/Disabled	\$3/month

*2nd adult and additional children must be proven members of the same household.

Building Hours

Daily: 8:00AM—9:00PM



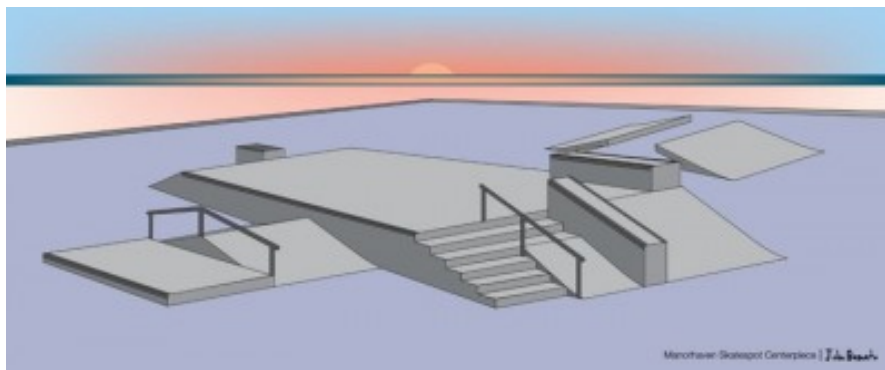


Manorhaven Skate Park *"THE SKATE SPOT"*

158 Manorhaven Blvd.
Port Washington, NY 11050

This 10,000 square-foot skate park located at Manorhaven Beach Park in Port Washington was constructed in 2011. Built with input from local skateboarders, this park is a hit with local residents.

Open daily, weather permitting.



Town of North Hempstead

Department of Parks & Recreation

Facilities by Amenities

BOCCI

Charles Fuschillo Park
Clinton G. Martin Park
Manorhaven Beach Park
North Hempstead Beach Park

BADMINTON COURTS

Broadway Park (Asphalt)
Manorhaven Beach Park (Sand/Lawn)

BASEBALL

Charles Fuschillo Park
Eighth & Asbury Little League Field
Herrick Ballfield
John. D. Caemmerer Park
Manhasset Valley Park
Manorhaven Beach Park
Martin "Bunky" Reid Park
Michael J. Tully Park
North Hempstead Beach Park
Sagamore Ballfield

BASKETBALL

Broadway Park
Charles Fuschillo Park
Clinton G. Martin Park
Donald Street Park
Manorhaven Beach Park
Martin "Bunky" Reid Park
Michael J. Tully Park
North Hempstead "Yes We Can"
Community Center (*Indoors*)
North Hempstead Beach Park
Whitney Pond Park

BEACHES

Manorhaven Beach Park
(*No Lifeguards*)
North Hempstead Beach Park
(*Lifeguards on Duty 10AM-6PM*
Memorial Day to Labor Day)

BOAT RAMPS

Call 311 for hours & restrictions
North Hempstead Beach Park
Manorhaven Beach Park

EXERCISE EQUIPMENT

Michael J. Tully Park/Aquatic Activity Center
North Hempstead "Yes We Can"
Community Center

FISHING

Manorhaven Beach Park (Salt Water)
North Hempstead Beach Park (Salt Water)
Ridder's Pond Park (Fresh Water)
Town Dock (Salt Water)
Whitney Pond Park (Fresh Water)

GOLF/MINATURE GOLF

Harbor Links Golf Course



HANDBALL

Broadway Park
Charles Fuschillo Park
Clinton G. Martin Park
Donald Street Park
Manorhaven Beach Park
Martin "Bunky" Reid Park
Michael J. Tully Park
North Hempstead Beach Park
Whitney Pond Park

HOCKEY (In-line)

Charles Fuschillo Park
Manorhaven Beach Park

HORSESHOE PIT

North Hempstead Beach Park
Charles Fuschillo Park

KAYAKING

Manorhaven Beach Park
North Hempstead Beach Park
Town Dock

LACROSSE

Harbor Links
Manhasset Valley Park
Manorhaven Beach Park
Michael J. Tully Park

MOORING

Town Dock

MULTI-PURPOSE STADIUM

Soccer/Lacrosse/Football/Concert
Michael J. Tully Park

PADDLE TENNIS COURTS

Clinton G. Martin Park
Manorhaven Beach Park

PICNIC AREAS

With BBQ Available

May require reservations; call 311

Broadway Park
Clinton G. Martin Park*
Manorhaven Beach Park
Martin "Bunky" Reid Park
North Hempstead Beach Park
Whitney Pond Park
*No BBQ Available

PLAYGROUNDS

Blumenfeld Park
Broadway Park
Charles Fuschillo Park
Clinton G. Martin Park
Gerry Pond Park
Herricks Ballfield
John. D. Caemmerer Park
Manhasset Valley Park
Manorhaven Beach Park
Martin "Bunky" Reid Park
Mary Jane Davies Green
Michael J. Tully Park
North Hempstead Beach Park
Ridder's Pond Park
Whitney Pond Park

POOLS

Clinton G. Martin Park (Park District Residents Only)
Manorhaven Beach Park
Martin "Bunky" Reid Park
Michael J. Tully Park
Whitney Pond Park

RADIO CONTROL FLYING

Aerodrome

Town of North Hempstead

Department of Parks & Recreation

Facilities by Amenities

RENTAL/EVENT SPACE

Charles Fuschillo Park
Clinton G. Martin Park
Manorhaven Beach Park
Michael J. Tully Park
North Hempstead "Yes We Can"
Community Center
Port Washington Community Center
Roslyn Community Center

SAILING

Manorhaven Beach Park
Town Dock

SHUFFLE BOARD

Charles Fuschillo Park
Manorhaven Beach Park
North Hempstead Beach Park

SKATEBOARDING

Manorhaven Beach Park

SOCCER

Harbor Links
I-Park
Manhasset Valley Park
Manorhaven Beach Park
Martin "Bunky" Reid Park
Michael J. Tully Park
North Hempstead Beach Park

STAND UP PADDLE BOARDING

Manorhaven Beach Park
North Hempstead Beach Park

STEAM ROOM/SAUNA

Michael J. Tully Park



TENNIS COURTS

Broadway Park
Charles Fuschillo Park
Clinton G. Martin Park
Manorhaven Beach Park
Martin "Bunky" Reid Park
Michael J. Tully Park
Whitney Pond Park

TRACK

Michael J. Tully Park

VOLLEYBALL COURTS

Broadway Park (Asphalt)
Manorhaven Beach Park (Sand & Lawn)
North Hempstead Beach Park (Sand)

WALKING TRAILS & PATHS

Clark Botanic Garden
Gerry Pond Park
Large Park Circle
Manhasset Valley Park
Martin "Bunky" Reid Park
Ridder's Pond
Searingtown Pond Park
Whitney Pond Park

WATER SPRAY PADS

Blumenfeld Family Park
Donald Street Park
Mary Jane Davies Green

BATHHOUSES

Clinton G. Martin Park
Manorhaven Beach Park
Michael J. Tully Park/Aquatic Activity Center
North Hempstead Beach Park
Whitney Pond Park

DIVING BOARDS (1 METER)

Clinton G. Martin Park

HANDICAPPED ACCESSIBLE

All Town pools have handicapped chair lifts
for pool entrance
All Town facilities follow ADA guidelines

KIDDIE POOLS

Clinton G. Martin Park
Manorhaven Beach Park
Whitney Pond Park

LAP LANES

Clinton G. Martin Park
Manorhaven Beach Park
Michael J. Tully Park/Aquatic Activity Center
Whitney Pond Park

SPRAY FEATURES/PLAY AREA

Manorhaven Beach Park
Michael J. Tully Park/Aquatic Activity Center

WATER SLIDES

Manorhaven Beach Park
Michael J. Tully Park/Aquatic Activity Center

ZERO ENTRY POOLS

Manorhaven Beach Park
Michael J. Tully Park/Aquatic
Activity Center



***Did you know:
We now offer
Multihull/ Catamaran!
Pgs. 47***

Town of North Hempstead

Department of Parks & Recreation

Children's Swimming

GUPPIES (6 MONTHS—3 YEARS)

Skills taught will include: water entry and exit, arm stroke, kicking and blowing bubbles. This course is designed to help children become comfortable in the water, so they are ready to learn to swim. Students will wear a bubble flotation device.

An adult must accompany the child in the water. Children must wear swim diapers and a bathing suit. No one is allowed on pool deck during lessons.

Manorhaven Beach Park

TUESDAY, July 1—Aug. 5

\$75 Members/\$110 Non-Members

9:00AM—9:30AM

Clinton G. Martin Park

Eligibility: current pool members of the New Hyde Park Special Park District.

TUESDAY, June 24—July 29

\$65 Members Only

9:45AM—10:15AM

Michael J. Tully Park/Aquatic Activity Center

SATURDAY, June 14—July 19

\$45 Members/\$95 Non-Members

10:15AM—10:45AM

SATURDAY, Oct. 11—Nov. 15

\$45 Members/\$95 Non-Members

10:15AM—10:45AM

DOLPHINS: PRE-K (3 YEARS—5 YEARS)

Children must be out of diapers and able to handle parent separation. Students will learn basic skills including: placing their face in water, blowing bubbles, kicking, arm stroke and backstroke. They will be introduced to life jackets and learn water safety skills. All children will wear a bubble flotation device while continuing to learn and improve their skills.

Parents are not allowed to stay with their child during lessons. No one is allowed on pool deck during lessons.

Manorhaven Beach Park

MONDAY/WEDNESDAY, June 30—Aug. 6

\$75 Members/\$110 Non-Members

9:40AM—10:10AM

MONDAY/WEDNESDAY, June 30—Aug. 6

\$75 Members/\$110 Non-Members

10:20AM—10:50AM

SATURDAYS, July 5—Aug. 9

\$75 Members/\$110 Non-Members

10:20AM—10:50AM

Clinton G. Martin Park

Eligibility: current pool members of the New Hyde Park Special Park District.

TUESDAY, June 24—July 29

\$65 Members Only

8:15AM—8:45AM OR 9:00AM—9:30AM

THURSDAY, June 26—July 31

\$65 Members Only

8:15AM—8:45AM OR 9:00AM—9:30AM

Michael J. Tully Park/Aquatic Activity Center

SATURDAY, June 14—July 19

\$45 Members/\$95 Non-Members

10:50AM—11:20AM

SATURDAY, June 14—July 19

\$45 Members/\$95 Non-Members

11:00AM—11:30AM

DOLPHINS: PRE-K (3 YEARS—5 YEARS)

Michael J. Tully Park/Aquatic Activity Center

SATURDAY, Oct. 11—Nov. 15
\$45 Members/\$95 Non-Members
9:00AM—9:30AM

SATURDAY, Oct. 11—Nov. 15
\$45 Members/\$95 Non-Members
10:50AM—11:20AM

SUNFISH (5 YEARS OLD ONLY)

This course is designed to continue the swimming skills learned in the dolphins program. However, it is not required for this program. Bubble floatation devices will be provided based upon swimmers ability and instructors recommendation. The front crawl and backstroke will be taught along with proper breathing and kicking techniques. Water safety skills will be introduced by the use of life jackets.

Proof of age required at time of registration.

Prerequisite: Child must be out of diapers, able to handle parent separation.

Clinton G. Martin Park

Eligibility: current pool members of the New Hyde Park Special Park District.

THURSDAY, June 26—July 31
\$65 Members Only
9:45AM—10:15AM

Michael J. Tully Park/Aquatic Activity Center

SATURDAY, June 14—July 19
\$45 Members/\$95 Non-Members
10:00AM—10:30AM

SATURDAY, Oct. 11—Nov. 15
\$45 Members/\$95 Non-Members
10:00AM—10:30AM



Descriptions of Level 2 & Level 3 Swim Lessons

CHILDREN'S SWIMMING LESSONS

LEVEL 2 (AGES 6-17)

LEVEL 2—Fundamental Aquatic Skills

Breath Control

- Submerge Head—5 seconds
- Retrieve Underwater Objects (3x)
- Bobbing (5x)

Entries

- Step-in Entry
- Side Exit

Stroke

- Unsupported Front Float or Glide
- Unsupported Back Float or Glide
- Flutter Kick on Front
- Flutter Kick on Back
- Finning on Back & Sculling on Back
- Combined Stroke on Front—5 yards
- Combined Stroke on Back—5 yards
- Turning Over Back to Front
- Turning Over Front to Back
- Tread Water Using Arm Motion
- Swim on Side w/ Support

Stroke

- Unsupported Front Float or Glide
- Unsupported Back Float or Glide
- Flutter Kick on Front
- Flutter Kick on Back
- Finning on Back & Sculling on Back
- Combined Stroke on Front—5 yards
- Combined Stroke on Back—5 yards
- Turning Over Back to Front
- Turning Over Front to Back
- Tread Water Using Arm Motion
- Swim on Side w/ Support

Safety

- Float in Life Jacket
- Swimmer in Distress
- Familiar w/ Pool Rules

CHILDREN'S SWIMMING LESSONS

LEVEL 3 (AGES 6-17)

LEVEL 3—Stroke Development

Breath Control

- Rotary Breathing (5x)
- Retrieve Underwater Objects—Eyes Open
- Bobbing w/ Rhythmic Breathing

Entries

- Jump into deep water from side
- Knows basic rules of safe diving
- Dive from side of pool: kneeling or sitting
- Survival float—30 seconds
- Back float—30 seconds

Stroke

- Back Crawl—15 yards
- Front Crawl—15 yards
- Elementary Backstroke Kick—10 yards
- Front Glide—2 Body Lengths—Kick 1
- Front Glide—2 Body Lengths—Kick 2
- Back Glide—2 Body Lengths—Kick 1
- Back Glide—2 Body Lengths—Kick 2
- Butterfly Kick—15 feet
- Vertical to Horizontal Position Change

Safety

- Jump into deep water w/ life jacket
- Familiar with H.E.L.P. & huddle positions
- Demonstrate treading water (30 sec.)
- Reaching Assists
- Rules for Safe Diving

Descriptions of Level 4 & Level 5 Swim Lessons

CHILDREN'S SWIMMING LESSONS LEVEL 4 (AGES 6-17)

LEVEL 4—Stroke Improvement

Breath Control

- Deep water bobbing
- Rotary Breathing
- Feet First Surface Dive
- Underwater Swim—3 Body Lengths

Entries

- Dive from Side—Standing Position
- Dive from Side—Compact or Stride Position

Stroke

- Front Crawl—25 yards
- Back Crawl—25 yards
- Sidestroke—15 yards
- Breaststroke—15 yards
- Elementary Breaststroke—15 yards
- Sculling on the Back—5 yards or 15 seconds
- Open Turn at Wall—Front & Back
- Butterfly—15 yards
- Survival Float—1 Minute
- Back Float—1 Minute

Safety

- Become familiar with CPR
- Demonstrate rescue breathing
- Tread water for 1 minute

CHILDREN'S SWIMMING LESSONS LEVEL 5 (AGES 6-17)

LEVEL 5—Stroke Refinement

Breath Control

- Alternate Breathing
- Swimming Under Water—3 body lengths

Entries

- Stride Jump Entry
- Standing Dive
- Long Shallow Dive

Stroke

- Breaststroke—25 yards
- Sidestroke—25 yards
- Elementary Backstroke—25 yards
- Butterfly—25 yards
- Front Crawl—50 yards
- Back Crawl—50 yards
- Turn on Front
- Turn on Back

Safety

- Rules for Safe Diving on Board
- Feet First Surface Dive (Tuck & Pike)
- Spinal Injury Recognition & Supports
- Tread Water—2 Min w/ 2 Different Kicks



Descriptions of Level 6 Swim Lessons

CHILDREN'S SWIMMING LESSONS LEVEL 6 (AGES 6-17)

LEVEL 6—Fitness Swimmer

Stroke

Front Crawl—100 yards w/ turn
Back Crawl—100 yards w/ turn
Breast Stroke—50 yards
Sidestroke—50 yards
Butterfly—50 yards
Approach Stroke—25 yards
Elementary Backstroke—50 yards
Breast Stroke Turn
Sidestroke Turn
Speed turn and pull out for breaststroke
Flip turn for front crawl
Flip turn for back crawl

Safety

Pike Surface Dive
Tuck Surface Dive
Alternative Kicks for Treading Water
Throwing Rescue
Rolling Spinal Injury Victim Face Up



CHILDREN'S SWIMMING LESSONS—MANORHAVEN BEACH PARK

This course will focus on the corresponding swimming skills listed on the previous pages (pages 17-19).

Fee: \$75 Members/\$110 Non-Members

Make-up classes for Monday through Thursday classes, if necessary, will be held on Fridays. There is only 1 makeup day for Saturday classes (8/10)

SESSION I

June 30—July 17

Mon—Thurs., 9:00AM-9:30AM
Level 2
Level 3

Mon—Thurs., 9:40AM-10:10AM
Level 2
Level 3

Mon—Thurs., 10:20AM-10:50AM
Level 4
Level 5
Level 6

SESSION II

July 21—Aug. 7

Mon—Thurs., 9:00AM-9:30AM
Level 2
Level 3

Mon—Thurs., 9:40AM-10:10AM
Level 2
Level 3

Mon—Thurs., 10:20AM-10:50AM
Level 4
Level 5
Level 6

Weekend Session (6 Classes)

July 5—Aug. 9

Saturday, 9:00AM-9:30AM
Level 2
Level 3

Saturday, 9:40AM-10:10AM
Level 2
Level 3



CHILDREN'S SWIMMING LESSONS—CLINTON G. MARTIN PARK

This course will focus on the corresponding swimming skills listed on the previous pages (pages 17-19).

Eligibility: current pool members of the New Hyde Park Special Park District.

Fee: \$65

SESSION I JUNE 24—JULY 11

Tues. –Fri., 8:00AM-8:30AM
Level 2
Level 3
Level 4
Level 6

Tues.—Fri., 8:40AM-9:10AM
Level 2
Level 3
Level 4
Level 5

Tues.—Fri., 9:20AM-9:50AM
Level 2
Level 3
Level 4
Level 6

Tues.—Fri., 10:00AM-10:30AM
Level 2
Level 3
Level 4
Level 5

SESSION II JULY 15—AUG. 1

Tues. –Fri., 8:00AM-8:30AM
Level 2
Level 3
Level 4
Level 6

Tues.—Fri., 8:40AM-9:10AM
Level 2
Level 3
Level 4
Level 5

Tues.—Fri., 9:20AM-9:50AM
Level 2
Level 3
Level 4
Level 6

Tues.—Fri., 10:00AM-10:30AM
Level 2
Level 3
Level 4
Level 5



CHILDREN'S SWIMMING LESSONS—MICHAEL J. TULLY PARK/AQUATIC ACTIVITY CENTER

This course will focus on the corresponding swimming skills listed on the previous pages (pages 17-19).

Fee: \$75 Members/ \$110 Non-Members

JUNE 14—JULY 19 (SUMMER)

Saturday, 8:00AM-8:50AM

Level 2
Level 3
Level 4
Level 5

Saturday, 9:00AM-9:50AM

Level 2
Level 3
Level 4
Level 6

Saturday, 10:00AM-10:50AM

Level 4
Level 5

OCT. 11—NOV. 15 (FALL)

Saturday, 8:00AM-8:50AM

Level 2
Level 3
Level 4
Level 5

Saturday, 9:00AM-9:50AM

Level 2
Level 3
Level 6

Saturday, 10:00AM-10:50AM

Level 4
Level 5



Town of North Hempstead

Department of Parks & Recreation

Children's Swimming

SWIM TEAM

(Age is as of June 1)

This team is comprised of boys and girls ages 16 and under, as of June 1 (at the coach's discretion). After you register your child, he or she will be placed on the team by highly trained and qualified swim coaches, some of whom were members themselves! When the season is over the whole team celebrates with a special awards dinner. So, come join the team and add a little friendly competition to your summer!

Manorhaven Beach Park

Tryouts June 16 to June 21

MON—FRI, June 23—Aug. 8

Competition Meets are on Saturdays

\$75 Members*/\$110 Non-Members*

8:00AM—11:30AM

**With Pool Membership \$75/1st Child, \$65/2nd Child, \$55/3rd Child +*

Without Pool Membership \$110/1st Child; \$100/2nd Child; \$90/3rd Child +

Clinton G. Martin Park

Open Only to residents of the New Hyde Park

Special Park District

MON—FRI, June 23—Aug. 8

Competition Meets are on Saturdays

\$40 Members Only**/\$80 Non-Members**

8:00AM—11:30AM

***With Pool Membership \$40/1st Child, \$30/2nd Child, \$20/3rd Child +*

Without Pool Membership \$80/1st Child; \$70/2nd Child; \$60/3rd Child +

**Learn more about
our dance and
exercise classes!**

Pgs. 26-34



ADULT SWIM LESSONS (Ages 18+)

All levels of skill. Improve your strokes whatever your skill level and for the adult beginners this program will teach the front crawl, kicking, proper breathing, back float, glide and intro to back crawl.

Manorhaven Beach Park

TUESDAY, July 1—Aug. 5

(Lightening/Thunder make-up 8/12 only)

\$75 Members/\$110 Non-Members

7:00PM—7:40PM

Clinton G. Martin Park

(Current pool members of the New Hyde Park Special Park District only)

TUESDAY, June 24—July 29

\$65 Members Only

10:30AM—11:30AM

THURSDAY, June 26—July 31

\$65 Members Only

10:30AM—11:30AM

Michael J. Tully Park/Aquatic Activity Center

TUESDAY, June 17—July 22

\$45 Members/\$80 Non-Members

10:30AM—11:00AM

THURSDAY, June 19—July 24

\$45 Members/\$80 Non-Members

7:00PM—7:30PM

TUESDAY, Oct. 7—Nov. 13

\$45 Members/\$80 Non-Members

10:30AM—11:00AM

THURSDAY, Oct. 9—Nov. 13

\$45 Members/\$80 Non-Members

7:00PM—7:30PM

Private Lessons

Private swim lessons at Clinton G. Martin will help you improve both your skill and technique. Classes will vary based on an individual's skill level.

Clinton G. Martin Park

1 Person/Half-Hour \$35

2 People/Half-Hour \$60

Current pool members of the New Hyde Park Special Park District Only

Did You Know:
Swimming works out all
of your body's major
muscles?

Town of North Hempstead

Department of Parks & Recreation

Aquatics

AQUACISE

AQUACISE/ZUMBA

Water aerobic exercise class is designed to increase cardiovascular endurance and maintain a healthy body. You will tone & strengthen muscles using water resistance. Water level is approximately 4 ft. to keep the impact at a minimum.

SUMMER 2014

AQUACISE

Michael J. Tully Park/Aquatic Activity Center
\$45 Members Only

TUES/THURS, May 6—Aug. 21
(No Classes: July 22, 24, 29 and 31)
12:30PM—1:30PM

TUESDAY, May 8—May 29
WEDNESDAY, June 4-18; 25-20
(No Classes: July 23, 30)
12:30PM—1:30PM

AQUACISE/ZUMBA \$45 Members Only

Michael J. Tully Park/Aquatic Activity Center
TUES/THURS, May 6—Aug. 21
(No Classes: July 22, 24, 29 and 31)
8:45AM—9:45AM

DEEP WATER AQUACISE

Michael J. Tully Park/Aquatic Activity Center
\$45 Members Only

MONDAY, May 5—June 11
(No Classes: July 22, 24, 29 and 31)
12:15PM—1:15PM

WEDNESDAY, June 11—August 20
(No Classes: July 21, 23, 28 and 30)
11:15AM—12:15PM

FALL 2014

AQUACISE

Michael J. Tully Park/Aquatic Activity Center
\$45 Members Only

TUES/THURS, Sept. 11—Dec. 11
(No Classes: Nov. 27)
12:30PM—1:30PM

MON/WED, Sept. 15—Dec. 10
(No Classes: Oct. 13 & Nov. 27)
12:30PM—1:30PM

THURSDAY, Sept. 12—Dec. 12
(No Classes: Nov. 27)
7:15PM—8:15PM

AQUACISE/ZUMBA \$45 Members Only

Michael J. Tully Park/Aquatic Activity Center
TUES/THURS, Sept. 11—Dec. 11
(No Classes: Nov. 27)
8:45AM—9:45AM



ZUMBA

Join the party! **Zumba** dancing is for everyone — all shapes, sizes, male and female. Just about any age too! Zumba allows you to have fun while safely losing pounds & inches.

Zumba dancing is a party atmosphere! You don't have to know how to dance just move your body and follow the instructors lead, it's easy! Instead of a typical cardio class that focuses strictly on the physical and boring aspects — Zumba is about the music! In addition, it gives you a total body workout unlike any other around. You will quickly find that your stress level is reduced and your energy is increased. Not to mention the weight loss, muscle toning and other results!

FALL 2014

Michael J. Tully Park/Aquatic Activity Center

\$75 Members/\$150 Non-Members/\$180 Non-Residents

THURSDAY, Sept. 12—Dec. 12

(No Class: November 27)

7:00PM—8:00PM

THURSDAY, Sept. 18—Dec. 10

10:00PM—8:00PM

North Hempstead "Yes We Can" Community Center

\$50 Members

THURSDAY, Sept. 18—Nov. 6

10:00PM—8:00PM

SUMMER 2014

Michael J. Tully Park/Aquatic Activity Center

\$45 Members/\$104 Non-Members/\$124 Non-Residents

THURSDAY, May 8—Aug. 21

(No Class: June 26)

7:00PM—8:00PM

WEDNESDAY, May 7—Aug. 20

10:00AM—11:00AM

North Hempstead "Yes We Can" Community Center

\$50 Members

MONDAY, June 16—Aug. 4

7:00PM—8:00PM



ZUMBA®
FITNESS

Town of North Hempstead

Department of Parks & Recreation

Dance & Exercise

CHILDREN'S BALLET (Ages 5-12)

Ballet teaches skill, grace, poise and self-confidence. The class will feature steps and gestures with flowing patterns to create expression through movement.

FALL 2014

North Hempstead "Yes We Can" Community Center

\$50 Members

SATURDAY, Sept. 13—Nov. 1
9:00AM—10:00AM

SATURDAY, Nov. 8—Dec. 27
9:00AM—10:00AM

*Join us for our
summer concerts
and events!
pgs. 54-56*



LATIN DANCE RHYTHMS

SALSA, CHA CHA, MERENGUE, BACHATA
NO PARTNER NECESSARY

Learn the basics for Latin Style Dances including Salsa, Cha Cha Merengue and Bachata. This is a non-stop, intense class designed to learn steps, musicality, turn patterns, styling and Latin motion. Class is ongoing so it allows you to start anytime!

BALLROOM DANCING

SALSA, CHA CHA, MERENGUE, BACHATA
NO PARTNER NECESSARY

Ballroom dancing allows couples to move to the music using step patterns and rhythms that match the song. Learn simple steps and timing while moving to the music!

SUMMER 2014

Michael J. Tully Park/Aquatic Activity Center
\$72 Members/ \$80 Non-Members
\$96 Non-Residents

WEDNESDAY, May 8—June 26
6:15PM—7:15PM

WEDNESDAY, July 3—Aug. 21
6:15PM—7:15PM

North Hempstead "Yes We Can" Community Center
\$50 Members

TUESDAY, May 1—April 8
7:00PM—8:00PM

SUMMER 2014

North Hempstead "Yes We Can" Community Center
\$50 Members

WEDNESDAY, June 18—Aug. 6
10:00AM—11:00AM

FALL 2014

North Hempstead "Yes We Can" Community Center
\$50 Members

WEDNESDAY, Sept. 17—Nov. 5
10:00AM—11:00AM

FALL 2014

Michael J. Tully Park/Aquatic Activity Center
\$72 Members/ \$80 Non-Members
\$96 Non-Residents

WEDNESDAY, Sept. 17—Oct. 29
6:15PM—7:15PM

WEDNESDAY, Nov. 5—Dec. 17
6:15PM—7:15PM

North Hempstead "Yes We Can" Community Center
\$50 Members

TUESDAY, Sept. 16—Nov. 4
7:00PM—8:00PM

Town of North Hempstead

Department of Parks & Recreation

Dance & Exercise

AEROBIC/EXERCISE

This class combines rhythmic aerobic exercise with stretching and strength training with the goal of improving all elements of fitness - flexibility, muscular strength, and cardio-vascular fitness. Works to firm and tone your muscles. Increase cardio as well as your endurance.

SUMMER 2014

Michael J. Tully Park/Aquatic Activity Center

\$45 Members/\$224 Non-Members

\$268 Non-Residents

TUESDAY/THURSDAY, May 6—Aug. 21

(No Classes: July 21, 24, 29, 31)

10:00AM—11:00AM

North Hempstead "Yes We Can" Community Center

\$50 Class Fee

MONDAY/WEDNESDAY, June 21—Aug. 9

8:00AM—9:00AM



FALL 2014

Michael J. Tully Park/Aquatic Activity Center

\$45 Members/\$200 Non-Members

\$240 Non-Residents

TUESDAY/THURSDAY, Sept. 11—Dec. 11

(No Classes: Nov. 11)

10:00AM—11:00AM

North Hempstead "Yes We Can" Community Center

\$50 Class Fee

SATURDAY, Sept. 13—Nov. 1

8:00AM—9:00AM

Facility Rentals

Learn more about
renting facilities &
party space pg. 52

PERSONAL TRAINING

Our accredited fitness training instructors will work one-on-one with you to design a workout program sculpted to fit your personal body improvement goals. Set a schedule that fits your busy lifestyle.

Currently personal training is included free with gym membership to the "Yes We Can" Community Center during the times listed below.

SUMMER 2014

North Hempstead "Yes We Can" Community Center

MON/WED/FRI, June 16—Aug. 29
11:30AM—12:30PM

TUESDAY/THURSDAY, June 17—Aug. 28
7:00PM—8:00PM

SATURDAY, June 14—Aug. 30
7:00PM—8:00PM

FALL 2014

North Hempstead "Yes We Can" Community Center

MON/WED/FRI, Sept. 15—Dec. 19
11:30AM—12:30PM

TUESDAY/THURSDAY, Sept. 16—Dec. 18
7:00PM—8:00PM

SATURDAY, Sept. 13—Dec. 20
11:00AM—12:00PM

SUMMER 2014—SUMMER 2015

Michael J. Tully Park/Aquatic Activity Center (Dates and times are scheduled in advance by appointment)

Option 1:
50 Minute Session—\$80
10 Session Package—\$750

Option 2:
30 Minute Session—\$50
10 Session Package—\$450

BOOT CAMP

Anthony Giallanzo of Ultimate Performance + Fitness Inc. along with his team of Instructors bring you, Boot Camp at the Park! Are you ready to take it to the next level? From basic calisthenics to battling ropes, TRX, and agility drills this total body workout is sure to bring out the athlete in YOU! Please bring a towel and water!

SUMMER 2014

Gerry Pond Park

SAT/SUN, Beginning June 7 & 8
9:00AM—10:00AM
1 Class—\$25 (Non-Residents: \$30)
10 Classes—\$200 (Non-Residents: \$240)

Michael J. Tully Park/Aquatic Activity Center

SAT/SUN, Beginning June 7 & 8
9:00AM—10:00AM
1 Class—\$25 (Non-Residents: \$30)
10 Classes—\$200 (Non-Residents: \$240)



Town of North Hempstead

Department of Parks & Recreation

Dance & Exercise

KARATE/SELF-DEFENSE

Develop physical strength, confidence, flexibility, self discipline and attention span while learning self protection and defense. Classes are designed to be fun, progressive and challenging with an aim towards real world self-defense skills!

SUMMER 2014

Michael J. Tully Park/Aquatic Activity Center

Session I (Ages 5-7)

SATURDAY, May 10—June 21
\$90 Mem./\$100 Non-Mem./\$120 Non-Res.
10:00AM—10:30AM

Session I (Ages 8-17)

SATURDAY, May 11—June 21
\$90 Mem./\$100 Non-Mem./\$120 Non-Res.
10:30AM—11:30AM

Session II (Ages 5-7)

SATURDAY, June 28—Aug. 9
\$90 Mem./\$100 Non-Mem./\$120 Non-Res.
10:00AM—10:30AM

Session II (Ages 8-17)

SATURDAY, June 28—Aug. 9
\$90 Mem./\$100 Non-Mem./\$120 Non-Res.
10:30AM—11:30AM

North Hempstead "Yes We Can" Community Center

Session I (Ages 4-12)

SATURDAY, June 21—Aug. 9
\$50 + Uniform
11:00AM—12:00PM

FALL 2014

Michael J. Tully Park/Aquatic Activity Center

Session I (Ages 5-7)

SATURDAY, Sept. 13—Oct. 25
\$90 Mem./\$100 Non-Mem./\$120 Non-Res.
10:00AM—10:30AM

Session I (Ages 8-17)

SATURDAY, Sept. 13—Oct. 25
\$90 Mem./\$100 Non-Mem./\$120 Non-Res.
10:30AM—11:30AM

Session II (Ages 5-7)

SATURDAY, Nov. 1—Dec. 13
\$90 Mem./\$100 Non-Mem./\$120 Non-Res.
10:00AM—10:30AM

Session II (Ages 8-17)

SATURDAY, Nov. 1—Dec. 13
\$90 Mem./\$100 Non-Mem./\$120 Non-Res.
10:30AM—11:30AM

North Hempstead "Yes We Can" Community Center

Session I (Ages 4-12)

SATURDAY, Sept. 13—Nov. 1
\$50 + Uniform
11:00AM—12:00PM



Town of North Hempstead

Department of Parks & Recreation

Dance & Exercise

TAI-CHI

Learn the ancient exercise Tai-Chi, which is considered by the Chinese to be the most healthful exercise possible. Everyone can enjoy this non-strenuous, flowing, slow motion regime using the movements of animals as models for the body movements.

Many people in China use Tai-Chi to combat the degenerative effects of old age or ill health. Improving circulation, concentration, balance, mobility, physical composure and a sense of well being are among the many benefits that you may achieve with the practice of Tai-Chi Chuan.



SPRING 2014

Clark Botanic Garden

Able to join mid-session

Beginners & Intermediate

WEDNESDAY, April 3—June 26

\$80 Members/\$84 Non-Members

6:00PM—7:00PM

Advance

WEDNESDAY, April 3—June 26

\$80 Members/\$84 Non-Members

7:00PM—8:00PM

YOGA

(Adults)

Yoga is the practice of entering the sanctuary of the body to quiet the restlessness of the mind. This experience will help align the body's natural rhythms while stretching you and making you stronger. Uncovering the physical, emotional and mental tensions held in the body will allow insight for relaxation.

FALL 2014

Michael J. Tully Park/Aquatic Activity Center

THURSDAY, Sept. 12—Dec. 12

(No Class: Nov. 27)

\$45 Mem./\$96 Non-Mem./\$115 Non-Res.

6:00PM—7:00PM

TUESDAY/THURSDAY, Sept. 11—Dec. 11

(No Class: Nov. 27)

\$45 Mem./\$200 Non-Mem./\$240 Non-Res.

11:10AM—12:10PM

Yoga/Pilates

Michael J. Tully Park/Aquatic Activity Center

\$45 Mem./\$208 Non-Mem./\$249 Non-Res

MONDAY/WEDNESDAY, Sept. 15—Dec. 10

11:10AM—12:10PM

SUMMER 2014

Michael J. Tully Park/Aquatic Activity Center

\$45 Mem./\$224 Non-Mem./\$268 Non-Res

MONDAY, May 6—Aug. 21

(No Class: July 22, 24, 29 and 31)

11:10AM—12:10PM

THURSDAY, May 8, 15, 22, 29

WEDNESDAY, June 4-Aug. 20

(No Class: July 23 and 30)

6:15PM—7:15PM

Movement/Pilates/Yoga

Michael J. Tully Park/Aquatic Activity Center

\$45 Mem./\$224 Non-Mem./\$268 Non-Res

MONDAY, May 5—June 11

11:15AM—12:15PM

WEDNESDAY, June 16—Aug. 20

(No Classes: July 21, 23, 28 and 30)

10:15AM—11:15AM



Town of North Hempstead

Department of Parks & Recreation

Tennis

Tennis by Robbie Wagner Tournament Training

Classes and mini camps are progressive, you can join as many sessions as you wish or skip a session if needed. With our low teacher to student ratios, students move forward at their own pace, whether its progressing rapidly or getting the attention needed on a particular skill.

All programs listed for ages 5-8 or 5-9 years old follow the **USTA endorsed** 10 & Under curriculum. This **USTA program** follows a progressive teaching format that is designed around specialized teaching equipment and instruction.

All instructors provided by the Robbie Wagner Tournament Training are either **USPTA certified** or have **extensive USTA sanctioned tournament experience**.

Adult Group Lessons

Instructors will teach basic technical and tactical skills to help improve a player. The pace at which the drills are run is based on the progress and ability of the students in each class.

Adult Group Lesson (1 hr) 3 Weeks, 6 Lessons

Manorhaven Beach Park

\$84 Resident/\$101 Non-Resident

Session I

TUES/THURS, June 24—July 10
7:00PM—8:00PM

Session II

TUES/THURS, July 15—July 31
7:00PM—8:00PM

Adult Group Lesson (1 hr) 3 Weeks, 6 Lessons

Clinton G. Martin Park

\$168 Resident (*Residents of New Hyde Park Special Park District Only*)

Session I

MON/WED, June 23—July 9
7:00PM—8:00PM

Session II

MON/WED, July 14—July 30
7:00PM—8:00PM

Adult Group Lesson (2 hrs) 3 Weeks, 6 Lessons

"Yes We Can" Community Center

\$80 Resident

MONDAY, July 7
6:00PM—8:00PM

THURSDAY, July 10
6:00PM—8:00PM

MONDAY, July 21
6:00PM—8:00PM

THURSDAY, July 24
6:00PM—8:00PM

MONDAY, August 4
6:00PM—8:00PM

THURSDAY, August 7
6:00PM—8:00PM

MONDAY, August 18
6:00PM—8:00PM

THURSDAY, August 21
6:00PM—8:00PM

Ages 8 to 13

3 Weeks, 6 Lessons

Michael J. Tully Park

\$84 Resident/\$101 Non-Resident

Session I

TUES/THURS, June 24—July 10

4:00PM—5:00PM

Session II

TUES/THURS, July 15—July 31

4:00PM—5:00PM

Ages 10 to 15

2 Hour Class

3 Weeks, 6 Lessons

Manorhaven Beach Park

\$168 Resident/\$202 Non-Resident

MON/WED, June 30—July 16

9:00AM—11:00AM

MON/WED, July 21—Aug. 6

9:00AM—11:00AM

MON/WED, Aug. 11—Aug. 27

9:00AM—11:00AM

Clinton G. Martin Park

\$168 Resident (*Residents of New Hyde Park Special Park District Only*)

Session I

TUES/THURS, June 24—July 10

1:00PM—3:00PM

Session II

TUES/THURS, July 15—July 31

1:00PM—3:00PM

Session III

TUES/THURS, Aug. 5—Aug. 21

1:00PM—3:00PM

Town of North Hempstead

Department of Parks & Recreation

Tennis

Junior Group Lesson

The instructor provides technical and tactical feedback to help improve each player. The pace at which the drills are run is based on the progress and ability of the students in each class.

Ages 5 to 9

2 Hour Class

3 Weeks, 6 Lessons

Manorhaven Beach Park

\$168 Resident/\$202 Non-Resident

MON/WED, June 30—July 16
11:00AM—1:00PM

MON/WED, July 21—Aug. 6
11:00AM—1:00PM

MON/WED, Aug. 11—Aug. 27
11:00AM—1:00PM

Clinton G. Martin Park

\$168 Resident (*Residents of New Hyde Park Special Park District Only*)

Session I
TUES/THURS, June 24—July 10
11:00AM—1:00PM

Session II
TUES/THURS, July 15—July 31
11:00AM—1:00PM

Session III
TUES/THURS, Aug. 5—Aug. 21
11:00AM—1:00PM

Ages 8 to 13

3 Weeks, 6 Lessons

Michael J. Tully Park

\$84 Resident/\$101 Non-Resident

Session I
TUES/THURS, June 24—July 10
4:00PM—5:00PM

Session II
TUES/THURS, July 15—July 31
4:00PM—5:00PM

Ages 8 to 19

3 Weeks, 6 Lessons

"Yes We Can" Community Center

\$150

Session I
MON/WED/THURS, June 23, 25 & 26
9:00AM—11:00AM

Session II
MON/WED/THURS, June 30; July 2 & 3
9:00AM—11:00AM

Private Lessons

These lessons are designed for the individual who wants to maximize the technical instruction they can receive during one hour. Maximum learning and improvement is what any student should expect from this type of lesson.

Any one-time Private or Semi-Private must be scheduled at least 72 hours in advance.

Manorhaven Beach Park

- 1 Hour (1 Person) \$75
- 1 Hour (2 Person) \$80 (\$40 per person)
- 1 Hour (4 Person) \$100 (\$25 per person)

Michael J. Tully Park

- 1 Hour (1 Person) \$75
- 1 Hour (2 Person) \$80 (\$40 per person)
- 1 Hour (4 Person) \$100 (\$25 per person)

Clinton G. Martin Park

Eligibility: Residents of the New Hyde Park Special Park District Only.

- 1 Hour (1 Person) \$75
- 1 Hour (2 Person) \$80 (\$40 per person)
- 1 Hour (4 Person) \$100 (\$25 per person)

Private Lessons

Clinton G. Martin Park

Eligibility: Residents of the New Hyde Park Special Park District Only.

- 1 Hour (1 Person) \$75
- 1 Hour (2 Person) \$80 (\$40 per person)
- 1 Hour (4 Person) \$100 (\$25 per person)

Did You Know:
Tennis can increase
your endurance, agility
and flexibility!



Town of North Hempstead

Department of Parks & Recreation

Basketball

Basketball Training

Learn to play like a pro at the basketball training clinics offered at the “Yes We Can” Community Center. Classes will be held twice a week from September through November.

Session I

Ages 11-14

TUES/THURS, Sept. 16—Nov. 6

4:00PM—5:00PM

Session II

Ages 15-18

TUES/THURS, Sept. 16—Nov. 6

5:00PM—6:00PM

Session III

Ages 7-10

SATURDAY, Sept. 13—Nov. 1

10:00AM—11:15AM

Session III

Ages 11-15

SATURDAY, Sept. 13—Nov. 1

11:15AM—12:30pM



CHILDREN'S ARTS & CRAFTS

Children will have the opportunity to participate in creating masterpieces and show off their creativity through their arts and craft projects.

Projects are different in each session.

SUMMER 2014

Clinton G. Martin Park

Eligibility: current pool members of the New Hyde Park Special Park District Only.

Session 1:

TUESDAY, July 1—THURSDAY, July 17
WEDNESDAY, July 3—FRIDAY, July 18
\$40 Members; 15 Child Maximum Per Class

Session 2:

TUESDAY, July 22—THURSDAY, Aug. 7
WEDNESDAY, July 23—FRIDAY, Aug. 8
\$40 Members; 15 Child Maximum Per Class

Date	Age	Time
Tuesday/Thursday	4-8	10:00AM - 10:45AM
Tuesday/Thursday	7-14	11:00AM - 11:45AM
Tuesday/Thursday	4-8	1:00PM - 1:45PM
Tuesday/Thursday	7-14	2:00PM - 2:45PM
Wednesday/Friday	4-8	10:00AM - 10:45AM
Wednesday/Friday	7-14	11:00AM - 11:45AM
Wednesday/Friday	4-8	1:00PM - 1:45PM
Wednesday/Friday	7-14	2:00PM - 2:45PM

FALL 2014

Michael J. Tully Park/Aquatic Activity Center

\$60 Mem./\$60 Non-Mem./\$72 Non-Res.

Ages 5-7

SUNDAY, Oct. 5—Nov. 9
10:00AM—11:00AM

Ages 8-10

SUNDAY, Oct. 5—Nov. 9
11:15AM—12:15PM



Town of North Hempstead

Department of Parks & Recreation

Children's Gardening

Children's Gardening

Clark Botanic Garden invites children ages 6-12 to join the garden. The children will be working on many projects in the garden including, pond study, insects, composting and gardening. Each child will have their own planting bed to care for and harvest from. This will truly be a great garden experience for all!

Call 311 for registration and additional information

Clark Botanic Garden
\$130

SATURDAYS, May 17—Sept. 13
9:00AM—10:30AM

SATURDAYS, May 17—Sept. 13
11:00AM—12:30PM

SATURDAYS, May 17—Sept. 13
1:00PM—2:30PM

YOUNG PEOPLE & THE ARTS

*FREE Children's
shows are Tuesdays
at 10:30am July 15
thru Aug. 5 at a differ-
ent park each week.
call 311 for schedule.*



Fishing

Beginners, Intermediates & Advanced

Learn all you need to know about fishing. You will be handling rods, reels, rigs and lures, imitation bait, and will be tying your own knots, everything to get you ready to go fishing on your own. Then you will try your hand at catching a real fish in our beautiful North Shore Waters! Handouts and informational materials will be provided.

Open to ages 5 and up. Children under age of 10 must be accompanied by an adult.

Fee: \$20 per person Resident/\$24 Non-Residents

Register at Manorhaven Beach Park for both locations.

The two hour course includes:

What you need to go fishing

- Equipment: Rods, reels and droplines.
- Lines and leaders
- Lures, hooks and bait
- Other equipment: Plier, de-hookers, knives, waders, etc.

Information on fishing on Western Long Island Sound

- Different species, season dates and size limits
- Where to go?
- Best times to go
- What to bring
- Rigging up
- Knots and Setting your rig
- Handling your equipment
- What to do when you catch a fish

SUMMER 2014

Manorhaven Beach Park

July 12—10:00AM

July 19—4:00PM

August 9—9:00AM

North Hempstead Beach Park

August 2—9:00AM



Town of North Hempstead

Department of Parks & Recreation

Rowing

Port Rowing

(North Hempstead Beach Park)

Adaptive Camp

The summer Adaptive Camp is the opportunity for children with disabilities to work with a student mentor one-on-one. Have fun, improve your fitness levels and learn how to row. Classes are individualized and structured with one-on-one attention. Campers are divided into 4 groups of 5 with their teen mentors; each group has an adult supervisor. On staff, there is an ABA specialist and physical therapist to assist campers. Classes are \$600 per person.

Sessions:

Session I: June 24– 28
9:00AM—1:30PM

Session II: July 22-26
9:00AM—1:30PM

Session III: August 19– 23
9:00AM—1:30PM

Middle School & High School

The coaches are former National team members and collegiate national champions. You will learn how to row in doubles, fours and eights to maximize water time and gain valuable experience. Classes are \$250 per session.

Middle School (entering 7th and 8th grade)

Session 1: June 24– 28
8:00AM—11:00AM

Session 2: July 15-19
4:00PM—7:00PM

Session 3: July 22-26
8:00AM—11:00AM

Session 4: July 29 - August 2
4:00PM—7:00PM

High School (entering 9th - 12th grade)

Session 1: June 24– 28
4:00PM—7:00PM

Session 2: July 15-19
8:00AM—11:00AM

Session 3: July 22-26
4:00PM—7:00PM

Session 4: July 29-August 2
8:00AM—11:00AM

Summer League

Four week adult summer league culminating in the Corporate Cup. Adults can enter the League as free agents and be placed in boat lineups or enter as an entire boat of nine people: 8 rowers + 1 coxswain. Practice with your boat is two nights a week with a Port Rowing coach for 4 weeks. At the end of four weeks, all the boats will race for the Corporate Cup. The on-water sessions will improve overall fitness and introduce rowers to proper rowing technique, no experience necessary. Practices will take place after 6PM during the summer on Tuesday and Thursday nights. League fee is \$250 per person.

Session:

July 7—August 2
6:00PM—8:00PM

To register for these programs, log onto:
www.portrowing.com.

For further information, please contact:
info@portrowing.com

INTRODUCTION TO STAND UP PADDLE BOARDING

Beginners to Intermediate

Manorhaven Beach Park

Our 1 hour intro to stand up paddle boarding is a perfect way to start enjoying the sport. In this course, we cover equipment overview and safety awareness. You will learn proper stance, balancing, getting up, efficient paddling techniques, steering, and how to turn around quickly. After the basics have been mastered, we will have time for a tour of the coastline.

Min. age is 18 unless accompanied by an adult. Min. age with an adult is 12 yrs. old. All children the age of 16 or under must wear life jackets. A basic swim test will be given in the pool for all participants, scheduled by appointment prior to class day.

Fee: \$65 per person Resident/\$78 Non-Resident

Sessions:

*SATURDAY or SUNDAY June 28 or June 29
10:15AM—11:15AM*

*SATURDAY or SUNDAY July 5 or July 6
10:15AM—11:15AM*

*SATURDAY or SUNDAY, July 12 or July 13
10:15AM—11:15AM*

*SATURDAY or SUNDAY July 19 or July 20
10:15AM—11:15AM*

*SATURDAY or SUNDAY, Aug. 2 or Aug. 3
10:15AM—11:15AM*

**Private Lessons are also available as well as Board Rentals at Manorhaven Beach Park or North Hempstead Beach Park for information:
Call 516-869-6311**

STAND UP PADDLE BOARDING

Beginners, Intermediates & Advanced

Manorhaven Beach Park

The first day will include a “how to” Introduction Class to stand up paddle boarding. Our Stand Up Paddle Boarding is dedicated to offering a fun, alternative way to get in shape and take in the sites of our beautiful waterways. Each session we provide you with a board to take out in the bay and a coach on hand, available to answer any questions on paddle specific stretching, maximizing your paddle technique, balance/core exercises, distance paddling, and injury prevention.

5 session class includes board rental
\$165 Residents/\$198 Non-Residents

Session 1:

*SATURDAYS June 28—July 26
9:00AM—10:00AM*

*SUNDAYS June 29—July 27
9:00AM—10:00AM*

Session 2:

*SATURDAYS Aug. 2—Aug. 30
9:00AM—10:00AM*

*SUNDAYS Aug. 3—Aug. 31
9:00AM—10:00AM*



Town of North Hempstead

Department of Parks & Recreation

Sailing

SAILING

Learn to sail! Students will be introduced to sailing terms, wind awareness, weather, tides, rigging, points of sail, tacking and jibbing, mooring and general boating safety. Class is taught on Manhasset Bay on board a Sonar 23 foot sailboat. This is a rain or shine program that meets at the new Water Sports Education Center at Manorhaven Beach Park.

There is a maximum of (4) student's per boat. Six hours of lessons comprised of two 3 hour sessions. Pick a morning or afternoon session. Students under 18 must have a parent or guardian complete a medical and waiver form, provided at the first day of class. All students must wear a life jacket when on or near the water.



Ages: 13 and up

Prerequisites: None, swimming not required.

Fee: \$325 per person Resident/\$390 Non-Resident

Class Schedule

Pick your dates and then the morning or afternoon session:

- | | | |
|--|---------------------------------|------------------------------|
| 1) July 5 & 6 (Saturday & Sunday) | Session I: 9 am- 12 noon | Session II: 1pm – 4pm |
| 2) July 16 & 17 (Wednesday & Thursday) | Session I: 9 am- 12 noon | Session II: 1pm – 4pm |
| 3) July 26 & 27 (Saturday & Sunday) | Session I: 9 am- 12 noon | Session II: 1pm – 4pm |
| 4) August 2 & 3 (Saturday & Sunday) | Session I: 9 am- 12 noon | Session II: 1pm – 4pm |
| 5) August 13 & 14 (Wednesday & Thursday) | Session I: 9 am- 12 noon | Session II: 1pm – 4pm |
| 6) August 23 & 24 (Saturday & Sunday) | Session I: 9 am- 12 noon | Session II: 1pm – 4pm |
| 7) Sept. 6 & 7 (Saturday & Sunday) | Session I: 9 am- 12 noon | Session II: 1pm – 4pm |

KAYAKING

TWO HOUR CLASS INCLUDES:

- Types of kayaks—Pros/Cons & Uses
- Basic safety equipment
- Best times to go kayaking
- Planning your trip at launch site
- Rules of the road
- Basic navigation and land marking
- Maneuvering a kayak
- Handling water conditions
- Returning to the launch site & hauling out
- Basic paddle stroke
- Getting in and out of the kayak

All equipment is provided for all of the classes, including: Kayak, paddle, lifejacket and guide.

Ages 10 and up. 18 and under must be accompanied by an adult. Must be able to swim.

Classes are offered at a choice of 2 locations: Manorhaven Beach Park and North Hempstead Beach Park. Register at Manorhaven Beach Park for both locations.

Resident Fee: \$60 per person; parent & minor \$80

Non-Resident Fee: \$72 per person; parent & minor \$96



CLASS SCHEDULE

Sunday, July 13 – 11:00 AM	MANORHAVEN BEACH PARK
Sunday, August 3– 3:00 PM	MANORHAVEN BEACH PARK
Sunday August 17– 4:00PM	NORTH HEMPSTEAD BEACH PARK



Situated on two of the finest waterways on Long Island, the Town is constantly working to improve coastal life for its residents.

Town of North Hempstead

Department of Parks & Recreation

Multihull/Catamaran/Private
Sailing

DISCOVER SAIL (2 Hours)

Set sail with an experienced instructor and discover if sailing is for you. This relaxed 2-hour adventure provides the opportunity to steer and participate in basic sailing maneuvers. A perfect first taste of what sailing is all about!

Your instructor will guide you through rigging the boat, basic terminology and help you set your course for an exciting sail. Learn to take the helm and trim the sails while enjoying the waters of aboard of exciting beach catamaran. Great for families or individuals looking to get out on the water and discover the excitement of sailing.

Fee: \$80 per person

Ages: 10 and older

Classes are book and scheduled by appointment. Please call 311 for more information.

SAILING 101 (4 Hours/2 Sessions)

Sailing 101 provides a solid introduction to fundamental sailing skills. Learn how to read the wind, rig the boat, basic sailing maneuvers and safety. The ideal first lesson and great for families and friends!

An instructor will guide you through the basics as you experience the thrill of learning to sail aboard a 14 foot Catamaran. Learn step by step how to prepare to set sail, tie basic knots, wind awareness and points of sail. This class will provide a strong foundation and get you on the right track for learning to sail.

Fee: \$150 per person

Ages: 10 and older

Classes are book and scheduled by appointment. Please call 311 for more information.



PRIVATE SAILING LESSONS (2 Hours/1 Sessions)

Private Lessons allow for tailored instruction in any area of your choosing. Whether you are looking for comprehensive instruction or want to work on specific skills, Private Lessons are the perfect choice to meet your individual goals.

Capacity: Max 2 people

Fee: \$120 per person for 2 hours **Program Location:** North Hempstead Beach Park

Program Days/ Times:

Saturday and/or Sunday Sessions

Monday and/or Wednesday Sessions

Tuesday and/or Thursday Sessions

Times to vary with tide table and winds.

All program Equipment including boat and PFD to be provided by Alex Fridman.

Town of North Hempstead

Department of Parks & Recreation

Multi-Sport

New!

MULTI-SPORT PROGRAMS

Programming by US Sports Institute

TOTAL PLAY MULTI SPORTS PROGRAM

Experience over 16 different sports from around the world including, soccer, basketball, lacrosse, volleyball, disc golf, cricket, floor hockey and many more at US Sports Institute's Total Play Multi Sports Program. All activities will take place in an atmosphere which promotes good sportsmanship, teamwork and most of all, fun. Children will receive technical instruction, have the chance to experience the sport in a realistic game situation, and will participate in the exciting USSI World Cup Competition. All participants will receive a t-shirt and certificate. This is the only sports program truly dedicated to children of all abilities.

TOTAL SPORTS SQUIRTS PROGRAM

The Total Sport Squirts program introduces children aged 3 to 5 to a variety of sports such as soccer, basketball, lacrosse, hockey and T-Ball. All classes will take place in a safe, structured environment which is sure to encourage learning and skill development. Games and drills are designed to capture each child's imagination. Whether it is trying to find Nemo, sending Shrek into a spin or capturing jellyfish with Sponge Bob Square Pants, there's fun to be had by all. All activities promote hand-eye coordination, movement, balance and most importantly Fun, Fun, Fun!

John D. Caemmerer Park

Fee: Total Play Multi Sport: \$185
Total Play Multi Sport Non-Resident: \$222
Total Sports Squirts: \$95
Total Sports Squirts Non-Resident: \$114

Total Play Multi Sports (Ages 5-12)

Week	Time
7/7-7/10	9:00AM—12:30PM
7/28-7/31	9:00AM—12:30PM

Total Play Sports Squirts (Ages 3-5)

Week	Time
7/7-7/10	1:30PM—2:30PM
7/28-7/31	1:30PM—2:30PM

Fuschillo Park

Fee: Total Play Multi Sport: \$185
Total Play Multi Sport Non-Resident: \$222
Total Sports Squirts: \$95
Total Sports Squirts Non-Resident: \$114

Total Play Multi Sports (Ages 5-12)

Week	Time
7/7-7/10	9:00AM—12:30PM
7/28-7/31	9:00AM—12:30PM

Total Play Sports Squirts (Ages 3-5)

Week	Time
7/7-7/10	1:30PM—2:30PM
7/28-7/31	1:30PM—2:30PM

OASIS DAY CAMP

With two locations, Oasis offers campers a traditional summer day camp developed and led by teachers, coaches, and dedicated youth workers.

At Oasis On the Sound, campers experience the Manorhaven Beach Park pool and recreational facility featuring water slides, a skate park, hockey rink, tennis and more.

At Oasis in Tully Park campers also experience amazing facilities that feature a stadium athletic complex featuring an Astroturf field and track as well as a recently built indoor water park!

For our 4 & 5 year old campers, Oasis offers the Early Start Imagination Camp that is specially designed for our pre-K campers. Campers, ages 6-11, participate in a variety of engaging activities inclusive of athletics, fine arts and instructional swimming.

Oasis On the Sound

Manorhaven Beach Park

Class Session: June 30 - August 22

Drop Off: 8:30AM—9:00AM

Pick-up: 5:00PM—5:30PM

Online registration is open until June 22. To enroll after the online registration period is over, please download our paper application and apply in person on-site.

Oasis In Tully Park

Michael J. Tully Park

Class Session: June 24 - August 23

Drop Off: 8:30AM—9:00AM

Pick-up: 5:00PM—5:30PM

Online registration is open until June 22. To enroll after the online registration period is over, please download our paper application and apply in person on-site.

Enrollment: We're Flexible!

Oasis offers flexible enrollment options! Families have the advantage to enroll their children around their summer plans. A minimum of 2 weeks, maximum of 9 weeks, or any combination thereof is all that we require to fully experience our program.



Online registration is fast and simple so don't wait!
For additional information and registration: www.oasischildren.com

Town of North Hempstead

Department of Parks & Recreation

Gold Coast Arts Center

Gold Coast Arts Center

Since opening its doors almost 20 years ago as a School for the Arts, the Gold Coast Arts Center (GCAC) has grown into a premiere venue and school for art, film, literature, music, dance and drama, recognized both regionally and nationally.

An affiliate of the John F. Kennedy Center for the Performing Arts: Partners in Education Program and the National Gallery of Art, GCAC's offerings include its School for the Arts, Concert and Performance series, Artists Residency Partnership Projects, Outreach Program benefiting thousands of students in the region, and free public art gallery which showcases exhibits of contemporary works by emerging as well as internationally recognized artists,

The GCAC in partnership with the Town of North Hempstead, among other things, helps secure the annual Gold Coast International Film Festival in the Town. The Film Festival, which debuted in June 2011, provides the best in new, exciting, high-quality films along with access to world-renowned filmmakers to North Hempstead residents and visitors from across the region and beyond. The third annual Gold Coast International Film Festival kicks off in October 2013. The Festival's Furman Film Series screens a sophisticated cross-section of thought-provoking independent art, classic and foreign films all year round, with each screening followed by Q&As with film industry stars.



Facility Rental & Party Space

Pool Birthday Parties

Birthday parties may be booked year round at the Aquatic Activities Center at Michael J. Tully Park. A maximum of 25 children can attend the party and must be supervised. Parties may also be booked seasonally at Manorhaven Beach Park Pool. For more information, please call 311 or 516-869-6311.

Miniature Golf Birthday Parties

Parties can be held at the miniature golf course at Harbor Links Golf Course. For more information, please call 311 or 516-869-6311.

Rooms Available For Rental (for parties, meetings, events and weddings)

- Charles Fuschillo Park
- Clark Botanic Garden
- Clinton G. Martin Park
- Harbor Links Golf Course—Clubhouse
- John D. Caemmerer Park
- Michael J. Tully Park—Aquatic Activity Center
- Port Washington Community Center
- Roslyn Community Center
- “Yes We Can” Community Center

Picnic Areas & Rental

Picnic areas may be available for rental. Reservations may be required. For more information, please call 311 or 516-869-6311.

- Clinton G. Martin Park*
- Manorhaven Beach Park
- Martin “Bunky” Reid Park
- North Hempstead Beach Park
- Whitney Pond Park

*No BBQ Available

Call 311 or 516-869-3611 for reservations, fees and other information.



Town of North Hempstead

Department of Parks & Recreation

Manorhaven Beach Park & North Hempstead Beach Park

Daily Parking and Annual Permit Fees

Annual Resident permit	\$50
Annual Senior/Disabled	\$25
Vet/Vol. Fire/Ambulance	\$25
Single Daily Resident Car	\$15
Single Daily Non-Resident Car	\$20
Single Daily Bus	\$100

Daily Boat Ramp and Annual Permit Fee

Annual Resident Boat	\$65
Annual Senior/Disabled Boat	\$40
Vet/Vol. Fire/Ambulance Boat	\$40
Single Daily Resident Boat	\$17
Single Daily Non-Resident Boat	\$30

Kayak Storage

Summer	\$70
Winter	\$100

Town Dock Mooring Fees (Town Residents ONLY) \$435

26' foot and under
Includes water taxi service

Town Dock Dockage (insurance required) \$4 per foot



Special Events

Beatlemania

Saturday, July 19
Michael J. Tully Park (Rain Location: Chaminade High School)
1801 Evergreen Ave, New Hyde Park
7:30PM
Free



KidStock

Sunday, August 17
North Hempstead Beach Park
2:00PM
Parking \$10



BeachFeast

Sunday, September 14
North Hempstead Beach Park
West Shore Road, Port Washington
12:00PM to 5:00PM
Parking \$10



Spooky Walk

Friday & Saturday, October 24 & 25
Clark Botanic Garden, Albertson
6:30PM—9:30PM
Admission: \$5

Not-So-Spooky Walk

Sunday, October 27
Clark Botanic Garden, Albertson
Noon—4:00PM
Admission: \$3



Town of North Hempstead

Department of Parks & Recreation

Concerts & Events

2014 Free Concert Series

Sundays 1:00PM at North Hempstead Beach Park July 7 through August 10

***Parking Fees Apply**

July 6—Lenny Dell and the Demensions

July 13—Dr K's Motown Revue

July 20—Renegade

July 27—The Projekt

August 3—Six Gun

August 10—The Capris

August 24—Pouya

Mondays 7:30PM at Mary Jane Davies Green July 15 through August 12

July 7—Manhattan Jazz

July 14—Something Special Big Band

July 21—Tracy De Lucia Band

July 28—Hip Pickles

August 4—The In-Crowd

Tuesdays 7:00PM at Clark Botanic Garden July 15 through August 6

July 15—Paul Joseph Quartet

July 23—Folk Night in the Garden David Sear and Gathering Time

July 29—Dean Karahalios and the Five Towns College Pops

(Followed immediately by *Million Dollar Baby*, a movie on the big screen)

August 5—Plaza Productions Presents: Beauty and the Beast

Fridays 7:30PM at Clinton G. Martin Park July 11 & August 1

July 11—Randy & The Rainbows

August 1—LC Entertainment

Manorhaven Beach Park Concerts

July 18—Captain Jack at 7:30PM

July 27—Satisfaction at 7:30PM



2014 Free Concert Series (continued)

Young People and the Arts Series

Tuesdays 10:30AM from July 15 through August 6

July 15, Clark Botanic Garden — Monkey, Monkey Music

July 22, Clinton G. Martin Park — Motion Man

July 29, Manorhaven Beach Park — Taiko Drums of Japan (*Rain Date: July 30*)

August 5, Fuschillo Park — The Wonder Puppets

Cinema on the Bay at Sunset Park— In Partnership with Residents for More Beautiful Port

June 21—8:00PM—Rocky II

July 12—8:30PM—Sixteen Candles

July 26—8:30PM—For the Love of the Game

August 9—8:00PM—The Lego Movie

North Hempstead's Summer Movie Series

July 13—7:30PM—Matilda—Clinton G. Martin (indoors)

July 29—8:45PM—Million Dollar Baby—Clark Botanic Garden

August 15—8:00PM—The Rookie—Martin “Bunky” Reid Park

August 23—7:45PM—Frozen—North Hempstead Beach Park—Old Fashion Drive-in Movie



Frequently Asked Questions (FAQs)

Classes

Early registration is recommended and encouraged. Many classes will fill up quickly, please sign up early to ensure your spot. Classes that do not meet minimum amount of participants will be cancelled.

Registration

Registration is in person at the park where the activity is taking place unless otherwise noted. All required documents are necessary in order to register. For registration dates for fall, winter and spring please contact 311 or 516-869-6311 from outside the Town.

Required Documents to Register & Definitions

New members: required to show a valid and current property tax bill or lease, and a valid and current driver's license and utility bill.

Renewing members: required to show a valid and current utility bill and a valid & current driver's license and membership cards. Renewing members who rent must also show a valid and current copy of their license.

Teens signing up for a youth membership must show a school ID, bus pass, library card or report card.

A **resident** is defined as one who resides within the Town limits at an address that pay North Hempstead taxes.

A **family** consists of parents or legal guardians and any unmarried children residing in the same household. Extended family living in the house must sign up for their own memberships.

Senior citizens are defined as permanent North Hempstead residents aged 60 and over

Non-Residents Registration Policy (*for select programs*)

If space is available in a program two (2) weeks prior to start of the program, non-residents will be allowed to register by paying a 20% surcharge.

Non-Resident Policies for Pool Facilities

Current members are limited to 5 guests per household, per day. Guest will not be allowed to enter the pool facility unless they are accompanied by a member/resident.

Frequently Asked Questions (FAQs)

Refund Policy

No refunds.

Cancellations

Information concerning weather related cancellations please call 311 or 516-869-6311.

Building Closings at the Tully Park Aquatic Activity Center

July 4	Independence Day
Aug.23-Sept.10	Maintenance/Repair
November 27	Thanksgiving Day
December 25	Christmas Day

Early Building Closings at Tully Park Aquatic Activity Center (Building and all facilities close at 2:30 pm)

May 26	Memorial Day
June 15	Father's Day
December 24	Christmas Eve
December 31	New Year's Eve

Building Closings for the "Yes We Can" Community Center

July 4	Independence Day
November 27	Thanksgiving Day
December 25	Christmas Day
January 1, 2015	New Year's Day

Early Building Closings for the "Yes We Can" Community Center (Building and all facilities close at 2:30 pm)

December 24	Christmas Eve
December 31	New Years' Eve

HARBOR LINKS GOLF COURSE

Showcasing scenic fairways and meticulously manicured greens, the magnificent Harbor Links Golf Course is now open for the season!

18-HOLE CHAMPIONSHIP COURSE

	Res.	Non-Res.	Senior/Vet	Junior
Weekday	\$46	\$71	\$30	\$30
Friday	\$76	\$110	\$76	\$76
Weekends & Holidays until noon	\$85	\$115	\$85	\$85
Weekends & Holidays afternoons	\$76	\$110	\$76	\$76

9-HOLE CHAMPIONSHIP COURSE

	Res.	Non-Res.	Senior/Vet	Junior
Weekday	\$18	\$21	\$16	\$16
Weekend	\$21	\$27	\$21	\$21

2013 SUMMER GOLF PROGRAM FOR 6 - 9 YEAR OLDS

The focus of the Harbor Links summer golf program for juniors is to provide sound golf instruction in a fun and challenging environment. Games and drills have been specifically designed to promote skills development within a unique and enjoyable atmosphere. Along with games that utilize multi-sport skills, the 3 ½ hour sessions spanning four days also cover rules and etiquette. Groups are kept to a maximum of 8 youngsters per instructor. For more information please visit: <http://bit.ly/Harbor1>

2013 SUMMER GOLF PROGRAM FOR 10-16 YEAR OLDS

This week-long program provide dynamic instruction to the junior golfer both at the practice range and on the course. Full-swing, short-game, and course-management are each covered in-depth, as well as the rules of golf and etiquette. Our six main teachers are U.S. Kids Golf Certified Instructors. Groups are kept to a maximum of 7 juniors per instructor. For more information please visit: <http://bit.ly/Harbor2>

